



Duaringa State School Newsletter

Term One
Week Five

24 February 2009

Phone: 07 4935 7125
Fax: 07 4935 7026
Email: admin@duaringass.eq.edu.au
Web Site: www.duaringass.eq.edu.au

PLEASE NOTE: DEADLINE FOR NEWSLETTER ITEMS IS MIDDAY FRIDAY

Principal's Message

Dear Parents/Caregivers,

Hi everyone. I trust you all received another good drenching of rain over the weekend.

On a quieter note, I would like to say how disappointed I was that no one turned up to the P&C Tupperware fundraiser organised by Mrs Seeds, last Friday at the CWA Hall. Mrs Seeds gave up her very busy schedule to hold a fundraiser and social morning for our community. A lot of preparation and planning goes into these events and was being done as a kind gesture to help raise money ultimately for the children of the school.

I do realise people are busy and some of you work full time however, it would have been appreciated if you were able to take a short moment of your time and gone a long. Games and lucky door prizes had been organised and I am sure a great morning would have been had by all.

If you are still interested in placing an order please see the note below in the P&C section.

Swimming

I'd like to thank those parents who turned up to help in the P-3 swimming lessons last Wednesday. The quality of the lesson improved no end, as there were smaller groups and the children were able to work on their skills in a more one to one situation. We look forward to seeing a few new faces this week to help out.

Learning Support

I would finally like to welcome to our team Mrs Karen Harris, who will be taking over the role of Learning Support teacher for Term 1. Mrs Harris will be working every Tuesday with those students who require extra help. As well as focussing on helping to prepare our students who fell at or below the minimum band level for their grade with the up and coming QCATS and NAPLAN testing, Mrs Harris will continue to spend Thursdays in the P-4 classroom. We welcome her to this extended role.

National Assessment Program – Literacy and Numeracy

There has been a considerable amount of information provided recently about Queensland's performance in the 2008 National Literacy Assessment Program – Literacy and Numeracy. To help our students in Year 3, 5, and 7 again this year become accustomed to these tests will be working through the 2008 tests with all students in those year levels.

To further help our students succeed we need your help! I would like to invite all parents to participate in a special NAPLAN parent information session in the music/resource room on Tuesday March 3. This meeting will commence at 2.30 pm and conclude by 3.00 pm. At this meeting I will share our 2008 results and what we are doing at a school level to address the areas that require attention and what you can do at home to help your child.

As I said last week I'd like to strongly encourage you to have a look at the QSA website as it contains many tips, lessons and activities that you can work with your child. If you are unable to access this site let me know and I shall organise to print off the relevant material for you.

Incentive Day

Just a reminder that our Incentive Day activity is not far away and I wanted to remind parents old and new, about how this day operates.

Each term the staff decides on an activity, either in school or away from school, to reward those students who have consistently demonstrated acceptable and appropriate behaviours at school. Students are only able to attend if they have not been involved in 3 or less incidences across a term. The consequence for these incidences is an 'apology letter'. Some students may have to write 2 or more apology letters per incident, as result of their behaviour. Three incidences or more will result in them not being invited to attend our incentive day.

There are a very small number of students who are currently 'at risk' of not being eligible to attend this terms incentive activity, which is an excursion to Capricorn Caves.

Our reason for this is so we ensure we continually reward students who consistently demonstrate appropriate behaviour and to also encourage other students to 'rethink' their behaviours whilst at school.

If you require any further information on this please see me.

Finally, this Wednesday from 12 noon, Thursday and Friday I will be out of the school attending a meeting with Helen Dundas Taylor, Principal Education Officer School Improvement as well as a Principal's Business Meeting in Rockhampton. Mrs Harris will be the supervising teacher.

Have a great week!

Sam

NOTES AND REMINDERS FROM THE ADMINISTRATION DESK....

Reminders

- ◆ **Parade** - Mondays
- ◆ **Newsletter** - Mondays
- ◆ **4-7 Library Day** - Mondays
- ◆ **Student Banking** - Tuesdays
- ◆ **Swimming** - Wednesdays
- ◆ **P-4 Library Day** - Wednesdays
- ◆ **Tuckshop** - Thursdays
- ◆ **Newsletter Deadline** - 12 noon
Fridays
- ◆ **P&C Meeting** - This Thursday
- ◆ **Yr Seven Leadership Workshop** -
Thursday 5th March
- ◆ **End of Term BBQ** - Friday 3rd April

Office Hours

This term I will be available in the office two days a week. These days will alternate each week. The table below shows the days for February and March that I will be in the office.

Tuesday	24th February
Thursday	26th February
Monday	2 nd March
Tuesday	10 th March
Thursday	12 th March
Wednesday	18 th March
Friday	20 th March
Tuesday	24 th March
Thursday	26 th March

On other days it would be appreciated if you could limit your calls to the office to before 9:00am or after 3:15pm except in an emergency situation.

Forms

Student Details: Thank you to those parents who promptly corrected and returned their student's detail cards to the office. I ask all parents to please ensure these forms are returned as soon as possible so that we can ensure we have up-to-date details at all times.

Media Consent and Internet Access: Thank you to those who have sent back the Media Consent and Internet Access forms for this year. Please check that both you and your child has signed the forms before they are returned so that your child can use the school computers. No note, no computer use.

4-7 Behaviour Agreements: Please ensure that children in the Yrs 4, 5, 6 & 7 return their behaviour agreements. At present I have only had a couple returned. This form can be found in the handbook that was sent home at the beginning of the year.

School Banking

School banking has resumed on a Tuesday. Please ensure that bank books are placed in the collection box in the office **before school**. We are currently waiting on the 2009 student banking opening account kits to arrive at the school. I will let you know as soon as they arrive.

Year Seven Leadership Workshop

This is a great opportunity for our Year Seven students to attend. I am sure that they will bring back a lot of new skills to share with us all. Please remember that permission for need to be returned by this Wednesday.

Textbooks/Reference Books

The textbooks and reference books for the students in years 4-7 have arrived at the school. Invoices for payment were sent home last week. Thank you to those who have already paid for these books. It would be appreciated if payments could be made by the end of the week. This will allow children to receive their books to assist with their learning in the classroom.

Cross Country

Please note that the Duinga District Cross Country will be held in Duinga on Wednesday 8th April. Students intending to compete in these events should commence their training.

*Thanks
Helen Draper
AO2*

P&C News

Stationary

The P&C have a stock of stationary items available at the tuckshop for sale. So if your child needs new books, rulers, pencils etc please see the ladies at tuckshop on a Thursday.



P&C Tupperware Orders

Thank you to those couple of parents that placed an outside order for last Friday's 'Community' Tupperware Party in aid of the P&C Association. Unfortunately the P&C have not qualified for any free products as yet. If you would like to help the P&C reach a qualifying level by placing an order, or booking a showing, you can do so until 8pm this Wednesday 25th February (closing date) to Stephanie Seeds on 4935 7215.

The delivery date will be 6th March. All orders will have to be paid for in cash by that 6th March to Stephanie Seeds for delivery to take place.

Thank you for Supporting the P&C Association.
Stephanie Seeds

In Our Classrooms

Weekly Awards

Prep – Year 4 **Student of the Week** award this week goes to Regan, Nickolas, Jayde and Crystal for their hard work and excellent efforts in class.

Prep – Year 4 **Student of the Week** award this week goes Darcy for his consistent efforts in class and working above and beyond for his age

Year 4-7 **Student of the Week** award his week goes to Nikki for her impressive work ethics during the flood

Year 4 – Year 7 **Student of the Week** award this week goes Kyanna for her excellent efforts in class.

The '**FAH Award**' this week goes to
'Sydney for caring for the environment'

'Congratulations to our winners'

Student Council

Student Council are having a free dress day – to incorporate the wearing of a tie this Friday. Donations of a gold coin or a note will be collected and sent to the flood and fires appeals.

A reminder that even though it is a free dress day, students are still required to wear covered in shoes and be sunsmart – so no singlet tops or shirts with inappropriate slogans.

Please support us with our help to the flood and fire victims.



In the P-4 Classroom

Last week in the P-4 class we were extremely busy settling in with the Year 4's and getting used to their routines. They have grown and matured a lot since they were last with us last year and now showing a lot more responsibility for their learning. When not working in our room the Year 4's head over to Mrs Harris in the library to work on their reading and math's mentals. They also head back to Mrs R and the rest of the Year 4's for some practice test work for their QCATS. Congratulations Year 4, you are handling it tremendously well.

As for the P-3's they also have been extremely busy. Last week the Monkeys, Elephants and Hippo groups continued to develop their awareness of their sounds and focused on the jolly phonic sounds 's, a, t, i'. The children were extremely good at word building with these sounds. Some words we came up with included: at, sat and it.

The Hippo's and Eagles focussed on vowels with particular attention paid to long vowels, which comprised their spelling lists for last week.

Parents, it is really important that you practice with your child their spelling words every night as it will help them with their writing at school.

In maths we focussed on sequencing and are now up to the number 3. The Preps also focussed on the nursery rhyme 'Baa Baa Black Sheep'. They bubble painted a sheep and did threading activity.

Year 2/3/4 are still continuing to focus on place value of number to 99 and 999 if in Year 4.

Our Special Person for this week is Benjamin. We look forward to talking with his mum to find out what makes him special.

Literacy through Play

This term I shall be talking to our community about the teaching of literacy through play.

This is in the lead up to a new 'Mum's and Bubs' program we hope to start running next term through Playgroup.

Children learn best through play, so our philosophy at Duinga SS and especially Playgroup is to teach the literacy skills that children need in life through a range of play based activities.

In the Prep room we are discussing the various letters and sounds we find in our nursery rhymes. Last week the Prep's focussed on 'Baa Baa Black Sheep', so they concentrated on the letters b, s and a.

We are developing our maths and associated skills when we measure and pour during our cooking activities as well as when we have the water trough out. We to get the children to use descriptive language to describe what we are doing.

Numeracy – how families and schools can work together

To support your child's efforts at school you can continue the lessons they learn in the classroom by helping them to develop their numeracy skills at home.

You may feel that the maths your children do at school is different to what you were taught, but you can help in many ways:

- help your child to enjoy the maths they do at school by offering

encouragement and asking about the work they bring home from school

- when travelling, play games such as counting the cars by colour or if you are travelling by bus or train ask your child to read the timetable to decide what time you'll get home
- talk to you child about how numeracy is related to sports – to keep score, measure distance and indicate time
- involve your child when preparing a meal and help them decide how much food to prepare for the whole family and whether there will be enough ingredients
- when shopping, use the catalogue specials to talk about discounts and whether it is cheaper to buy larger-sized products or a few smaller products
- talk with your child's teacher about numeracy at home and at school and raise any concerns with them.

For more ideas on helping your child with their numeracy visit

www.education.qld.gov.au/parents/map/

Sam Howard



Library Happenings

A number of new books have arrived for the Junior Fiction section in the school library. In the coming weeks, new books for our Senior Fiction will be arriving, so check our display areas.

Reading can inform and entertain. Remember that just as sport is great for exercising the body, and good food exercises the insides, reading exercises the mind.

Have a great week.

Thanks
Mrs Harris

What's Healthy!

Give me Energy

Carbohydrates are a very important part of a child's diet because they are the major source of **energy**.

Carbohydrates **low in added sugar** and **high in fibre** are the best.

*Wholegrain or wholemeal breads, breakfast cereals, pasta and rice provide energy, fibre, vitamins, minerals and some protein.

***Fruit** and **vegetables** also provide energy, vitamins, minerals and fibre.

Children should eat at least **4 serves** of carbohydrate rich foods every day. One serve is equal to:

1 slice of bread

$\frac{1}{2}$ cup of porridge

$\frac{3}{4}$ cup of cereal (not sugar coated)

$\frac{1}{2}$ cup cooked pasta or rice

GONE FISHING!

Fish is very good for us - with lots of protein & essential fatty acids (Omega 3) needed for proper brain function. To encourage your children to eat more fish, try making dishes such as tuna pasta, or tuna mornay

A Salmon Pattie Recipe

Ingredients

1 tablespoon of olive oil

1 chopped onion

3 peeled potatoes (boiled and mashed)

210g can of pink salmon (drained)

2 chopped spring onions

1 cup of wholemeal breadcrumbs

10g (2 teaspoon) polyunsaturated margarine

Method

Heat $\frac{1}{2}$ oil in fry pan & cook onion until soft

Add potato, salmon & spring onion

When cool, divide mixture into 6 patties & roll in breadcrumbs

Put in fridge for $\frac{1}{2}$ hr

Heat margarine & remaining oil in the fry pan and cook patties until golden brown.

Hawkesbury Child Nutrition Project

COOKING WITH KIDS

FRENCH TOAST (serves 4)

Ingredients Talk to a Dietitian.

4 slices of bread

$\frac{3}{4}$ cup of low or reduced fat milk

3 eggs

2 tablespoons of polyunsaturated margarine

Method

In a bowl mix eggs and milk

Melt margarine in a fry pan

Place bread into egg mixture and coat both sides

Cook bread on each side for approximately 2 minutes

Duaringa Community News

What's On!



Playgroup

Playgroup runs every Tuesday from 9:30 am to 12:00 noon, in the Duaringa SS EEC building. We look forward to seeing many new faces this year.

REMOTE AREA FAMILIES SERVICE

WILL BE HOLDING

"OCCUPATIONS" THEMED PLAYGROUP

DUARINGA EARLY LEARNING CENTRE

TUESDAY 17TH MARCH

9-12 NOON

ALL WELCOME

PLEASE BRING A SHARED

MORNING TEA AND LUNCH

RSVP TO EMERALD RAFS

ON 4982 0915 OR EMAIL

BE SURE TO BRING A HAT AND SUNSCREEN

Emerald Remote Area Families Service

Phone: 4982 0915 Fax: 4982 0453

Email: emeraldrafts@bigpond.com

If possible could any families please bring along egg cartons they are no longer using as we need some for a craft activity we are doing with the children.

DUARINGA PONY CLUB

Our first pony club meeting for 2009 will be in Duaringa this Sunday 1st March followed by a General Meeting. Our AGM will have to be postponed until



the books have been finalised by the Auditor.

We look forward to welcoming all our old faces and hope to see some new ones too.

For further information please phone, Claire on 49358 542.

Newsletter Deadline

Whilst we love to have community information included in our newsletter, we do have to stick to a deadline. We do our very best to keep things up to date. However, if details are sent in after the deadline we can only include them in the following weeks' newsletter. **All messages must be written in detail. These can be faxed or emailed to us.** The deadline for our newsletter is **midday Friday**. You can write, fax or email items you would like included in the newsletter to: Fax: 49357026 or email: the.principal@duaringass.eq.edu.au

Dates to Remember

1 st March	Duaringa Pony Club Rally
5 th March	Yr 7 Leadership Course
13 th March	Arts Council
3 rd April	End of Term BBQ
6 th April	Incentive Day – 'Capricorn Caves'
8 th April	Duaringa District Cross Country
9th April	Last Day of Term One
10 th April	Good Friday
12 th April	Easter
13 th April	Easter Monday
20th April	Student Free Day
21 st April	First Day of Term Two

BICC Cinema

Cnr Capricorn Highway & Littlefield St, Blackwater
Phone 07 4982 7755, Fax 07 4982 5299

**SHOWING EVERY DAY AT 10.00AM
SATURDAY & SUNDAY AT 3.00PM
THURSDAY, FRIDAY AND SATURDAY NIGHTS
AT 7.30PM**

WEEK COMMENCING MONDAY 23rd

FEBRUARY

Big Stan

Rated M - 105 minutes

WEEK COMMENCING MONDAY 2nd MARCH

Mirrors

Rated MA - 111 minutes

Learning Network Queensland

Adult Community Education Programs including

Ebay, Stockmarket, Skype and other programs are available to community areas through Queensland via linked-learning.

Cheesemaking also to be offered to some areas.

For further details please contact Learning Network Queensland ph 4936 4068 or visit the Adult Community Education website www.LNQace.com :Linked Learning" section.

Coconet Classic 2009-

Easter weekend April 8th – 12th will see the annual Coconet Classic put central Qld on the map. Hosting the Australian Kiteboarding Championships, one of the largest Skate/Scooter/BMX competitions in Qld, family days and beach markets. For sporting registration forms head to www.coconetclassic.net.au

Junior Rugby League

Duaringa Junior Rugby League sign-on will be on Friday 27th February at the Sports Club Oval at 3:30pm.

Annual membership is \$5.00.

All members need to bring a copy of their birth certificate please.

For any enquires please phone Tim Perrett on 49350126



Changes to Golf Club Friday Night Dinners

Please be advised that due to staffing issues the regular monthly dinner held at the Duaringa Golf Club will be moving dates. Beginning in March the dinner will now be held on the 1st Saturday of the month.

The next dinner will be held following the Bushfire Appeal Charity Day on Saturday 7th March from 6pm.

For \$10 diners can choose from a menu of:

- Curried Chicken with Rice
or
- Spaghetti Bolognese
- Apple Slice & Custard for Dessert

A kids menu will also be available.

The committee looks forward to seeing you there.

